



# OH LA LA



# *aloha!*

INTENSIVES | CAMPS | 6 WEEK SESSIONS

**JUNE 19, 2023 - AUGUST 5, 2023**

105 N. BANKER, EFFINGHAM IL

[WWW.DANCELIFECENTER.COM/EFFINGHAM-SUMMER-SCHEDULE](http://WWW.DANCELIFECENTER.COM/EFFINGHAM-SUMMER-SCHEDULE)

# Intensives

*At A Glance...*

• Contemporary (7 – 10 years)	June 21 & 22	5:00 – 6:30pm	\$40
• Contemporary (11-up)	June 21 & 22	6:30 – 8:00pm	\$40
• Hip Hop & Break Dance (7 – 10 years)	June 28 & 29	5:00 – 6:30pm	\$40
• Hip Hop & Break Dance (11-up)	June 28 & 29	6:30 – 8:00pm	\$40
• Musical Theatre Tap & Jazz (7-10 years)	July 10, 12	5:00 – 6:30pm	\$40
• Musical Theatre Tap & Jazz (11-up)	July 10, 12	6:30 – 8:00pm	\$40
• Classical Ballet (7-10 years)	July 24 & 25	5:00 – 6:30pm	\$40
• Classical Ballet (11-up)	July 24 & 25	6:30 – 8:00pm	\$40

## Themed Camps - 7 - 10 year olds

• Disney Encanto Camp (7-10 years)	June 24	1:30 – 3:30pm	\$40
• Disney Encanto Camp (7-10 years)	June 28	1:00 – 3:00pm	\$40
• #danceREMIX (7-10 years)	July 8	1:30 – 3:30pm	\$40
• Camp Broadway (7-10 years)	July 12	1:00 – 3:00pm	\$40
• Accio! Academy of Magic (7-10 years)	July 22	1:30 – 3:30pm	\$40
• Toy Story Camp (7-10 years)	July 26	1:00 – 3:00pm	\$40
• Around the World (7-10 years)	August 5	1:30 – 3:30pm	\$40

## Themed Camps - 4 - 6 years old

• Oh la la Dance Camp! (4-7 years)	June 12 – 16	9:00 – 12:00nn	\$120
• Disney Encanto Camp (4-6 years)	June 24	10:00 - 12:00nn	\$40
• Disney Encanto Camp (4-6 years)	June 28	9:00 - 11:00am	\$40
• Trolls Camp (4-6 years)	July 8	10:00 – 12:00nn	\$40
• Greatest Showman Camp (4-6 years)	July 12	9:00 - 11:00am	\$40
• Accio! Academy of Magic (4-6 years)	July 22	10:00 - 12:00nn	\$40
• Toy Story Camp (4-6 years)	July 26	9:00 - 11:00am	\$40
• Around the World (4-6 years)	August 5	10:00 - 12:00nn	\$40

## 6 Week Sessions

### Tuesdays

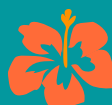
5:00 – 5:30pm	Pre K Paws
5:30 – 6:15pm	Kinderdance Cats
6:30 – 7:30pm	Tap & Jazz
7:30 – 8:30pm	Teen Tap

### Saturdays

9:00 – 9:30	Zumbini 1
9:30 - 10:00	Zumbini 2

### Thursdays

5:00 – 6:00pm	Ballet & Tap
5:00 – 6:00pm	Ballet
6:00 – 7:00pm	Hip Hop & Jazz
6:00 – 7:00pm	Hip Hop
7:00 – 8:00pm	Modern & Lyrical
7:00 – 8:00pm	Lyrical & Contemporary



*Additional information  
available in the next few pages*

# Intensives

## Contemporary

Contemporary is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. This intensive will focus on contemporary dance, jazz and ballet technique, composition, improvisation, repertory, and choreography. Dancers will be encouraged to create individual original movements.

Beginners: Ages 7 - 10 years | Intermediate/Advanced: Ages 11 -up

Teacher: Mr. Antoine

**June 21 & 22**  
**Beginners**  
**5:00 - 6:30pm**  
**Int/Adv**  
**6:30 - 8:00pm**  
**\$40**

## Hip Hop & Break Dance

This two-day Hip Hop and Break dance clinic will focus on technique in hip hop, jazz, pop-locking, break dance and funk. The dancers also work on free-style movement to promote self confidence. Dancers will have an opportunity to showcase hip hop technique such as handstands, headstands, stalls and kips, with new steps, and age/level appropriate choreography.

Beginners: Ages 7 - 10 years | Intermediate/Advanced: Ages 11 -up

Teacher: Mr. Antoine

**June 28 & 29**  
**Beginners**  
**5:00 - 6:30pm**  
**Int/Adv**  
**6:30 - 8:00pm**  
**\$40**

## Musical Theatre Tap & Jazz

Broadway tap is the type of show dancing seen in live stage musicals and Hollywood films such as "42nd Street", "Anything Goes", "Aladdin" and "Newsies." It typically incorporates more arm movements, artistic body movements, and movements across the dance floor than rhythm tap dancing. This camp will focus on classic musical theatre tap repertoire.

Beginners: Ages 7 - 10 years | Intermediate/Advanced: Ages 11 -up

Teacher: Mrs. Krishna

**July 10 & 12**  
**Beginners**  
**5:00 - 6:30pm**  
**Int/Adv**  
**6:30 - 8:00pm**  
**\$40**

## Classical Ballet

This comprehensive intensive features enrichment training in Ballet. Classes focus on reinforcing traditional technique, leaps, turns, corps strength, stretch, stamina, architecture, design and quality of movement. The curriculum includes ballet technique, pointe (for those applicable), batterie, variations and repertoire.

Beginners: Ages 7 - 10 years | Intermediate/Advanced: Ages 11 -up

Teacher: Mr. Antoine

**July 24 & 25**  
**Beginners**  
**5:00 - 6:30pm**  
**Int/Adv**  
**6:30 - 8:00pm**  
**\$40**

# Themed Camps - 7 - 10 year olds

## Disney Encanto Camp

Are you enchanted with this year's biggest hit from Disney? We are too! Join us for Encanto camp where we'll be exploring the Madrigal family's special gifts. Campers will learn about the magical casita while learning about Colombia's culture and dancing to Encanto's catchy soundtrack! 2 camps available (Wednesday, Saturday)

June 24  
1:30 - 3:30pm  
June 28  
1:00 - 3:00pm  
\$40

## #danceREMIX

Grab your BFFs, and get ready to mix up your summer with our #danceREMIX! Dancers will learn the coolest moves & grooves in this super fun Jazz & Hip Hop Camp!

July 8  
1:30 - 3:30pm  
\$40

## Camp Broadway

Start spreading the news! This fun, Broadway-themed camp will explore musical theater dancing and jazz while learning fun facts about popular shows, including Wicked, Matilda, Annie and the Lion King. Your Broadway performers will light up the stage with their crafts and dance activities.

July 12  
1:00 - 3:00pm  
\$40

## Accio! Academy of Magic

Calling all Harry Potter fans! Join us at the Academy of Magic, and dive into an extraordinary camp of jazz, hip hop and magical moves. Grab your wands, cloaks and spell-books - school is officially in session at the Academy of Magic!

July 22  
1:30 - 3:30pm  
\$40

## Toy Story Camp

Come join us as we party with the toys! This is a great camp for both boys and girls. Every day at camp will be filled with fun friendship activities about our favorite toys, Buzz, Woody, and Jessie! We will also make crafts and move our bodies "to infinity and beyond!"

July 26  
9:00 - 11:00am  
\$40

## Around the World

Take a dance journey around the world! Popular dance styles and genres from around the world will be introduced through games, crafts, and choreographed pieces. Join us to explore and appreciate a variety of cultures and traditions during this educational and fun camp.

August 5  
10:00 - 12:00nn  
\$40

# Themed Camps - 4 - 6 year olds

## Oh la la Aloha Camp

Get ready to go coconuts! Join us at a magical Oh la la Aloha Dance Camp this summer, combining beach party fun with dance! We'll set sail on from Monday – Friday, and dance across the islands. This camp includes 3 hours of dancing (ballet, tap, jazz, hip hop and musical theatre) as well as Hawaiian-inspired games and crafts for all tropical dancers and tourists! We'll end our week with a fantastic Luau summer celebration!

June 12 - 16  
9:00 - 12:00nn  
\$120

## Disney Encanto Camp

Are you enchanted with this year's biggest hit from Disney? We are too! Join us for Encanto camp where we'll be exploring the Madrigal family's special gifts. Campers will learn about the magical casita while learning about Colombia's culture and dancing to Encanto's catchy soundtrack! 2 camps available (Wednesday, Saturday)

June 24  
10:00 - 12:00nn  
\$40  
June 28  
9:00 - 11:00am  
\$40

## Trolls Camp

Color your world in this adventurous Trolls camp! Dance your heart out like Princess Poppy, as you help to spread happiness and joy. Trolls Dance Camp wouldn't be complete without fabulous troll hair of your very own, and a performance for family and friends!

July 8  
10:00 - 12:00nn  
\$40

## Greatest Showman Camp

Ladies and Gentlemen, boys & girls... May we present, The Greatest Show on Earth! Bring your special talents and learn a few new tricks when you come to this circus themed camp. Learn how to juggle, make balloon animals & perform hula hoop tricks. We will also sing and learn choreography to songs from The Greatest Showman movie.

July 12  
9:00 - 11:00am  
\$40

## Accio! Academy of Magic

Calling all Harry Potter fans! Join us at the Academy of Magic, and dive into an extraordinary camp of jazz, hip hop and magical moves. Grab your wands, cloaks and spell-books - school is officially in session at the Academy of Magic!

July 22  
10:00 - 12:00nn  
\$40

# Themed Camps - 4 - 6 year olds

## Toy Story Camp

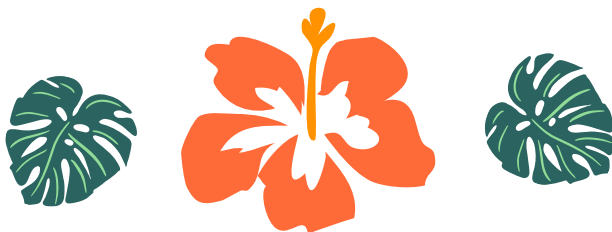
Come join us as we party with the toys! This is a great camp for both boys and girls. Every day at camp will be filled with fun friendship activities about our favorite toys, Buzz, Woody, and Jessie! We will also make crafts and move our bodies "to infinity and beyond!"

**July 26**  
**9:00 - 11:00am**  
**\$40**

## Around the World

Take a dance journey around the world! Popular dance styles and genres from around the world will be introduced through games, crafts, and choreographed pieces. Join us to explore and appreciate a variety of cultures and traditions during this educational and fun camp.

**August 5**  
**10:00 - 12:00nn**  
**\$40**



# 6 Week Sessions



Classes will meet from June 19 - August 4

## Tuesday Classes

Meets 06/20, 06/27, 07/11, 07/18, 07/25 and 08/01

(No classes the week of July 4)

### Pre-K Paws

A joyful way for children to explore movement through music and dance. Your child will work on developing physical skills, channel energy, stimulate imagination, and creativity. Students can simultaneously develop motor skills, rhythmic awareness, coordination, and balance in a safe environment. Ages 3-4 Teacher: Mrs. Krishna

**5:00 - 5:30PM**  
**\$50**

### Kinderdance Cats

The class builds upon the Pre-Ballet experience by repeating some familiar exercises at a faster tempo and introducing new ones with a greater emphasis on posture, flexibility and strength. The preparatory ballet movements of plié, élevé, and tendu in a parallel position are introduced with fun and engaging exercises. These exercises and activities are offered in an enjoyable learning atmosphere which will continue to inspire and develop the love and passion for dance among our preparatory level students. Ages 5 - 6. Teacher: Mrs. Krishna

**5:30 - 6:15PM**  
**\$60**

### Tap & Jazz

This combination class is perfect for families who are short on time. Proper ballet, tap and jazz techniques are taught using age appropriate music and steps. Dancers practice and develop all three styles by learning combinations, across the floor and dance routines. Ages 7 - 10. Teacher: Mrs. Krishna

**6:30 - 7:30PM**  
**\$60**

### Teen Tap

This class is for students who have a good knowledge of all tap vocabulary. Students are introduced to more advanced concepts such as musicality, improvisation, more complex combinations, use of space and choreography. Students gradually develop speed, clarity, and understanding of time and tempo. Ages 11-up. Teacher: Mrs. Krishna.

**7:30 - 8:30PM**  
**\$60**

## Thursday Classes

Meets 06/22, 06/29, 07/06, 07/13, 07/20, and 07/27



### Ballet & Tap

Our ballet program is designed to take students from their very first step through classical ballet lessons. It encourages physical discipline, general body awareness and control. Ballet teaches the student to understand the relationship between music, rhythm and controlled movement. Ages 7-10. Teacher: Mrs. Krishna

**5:00 - 6:00PM**  
**\$60**

### Ballet

This class begins to transition young dancers into the full structure of a standard ballet class with increased exercises and vocabulary. The focus of this class is to create good technical habits while building strength and flexibility. This class will prepare dancers for more advanced movement, while solidifying skills. Ages 11-up. Teacher: Mr. Antoine

**5:00 - 6:00PM**  
**\$60**

### Hip Hop & Jazz

This class is a basic introduction to hip hop and jazz funk style dance. The class will include hip hop technique and choreography, and of course freestyle improvisation! We will have a blast dancing to age appropriate music and moves for the young dancers. Ages 7-10. Teacher: Mrs. Krishna

**6:00 - 7:00PM**  
**\$60**

### Hip Hop

This hip hop class is a fast-paced and energetic dance style using the latest street/urban dance moves set to hip hop music. Hip hop encompasses a wide range of street styles including breaking, locking and popping. This class for young beginners specifically focuses on developing rhythm and coordination while encouraging individual style. Ages 9 - 11. Teacher: Mr. Antoine

**6:00 - 7:00PM**  
**\$60**



### Modern & Lyrical

Modern class will incorporate many of the foundations of modern dance technique, including suspension and release, fall and recovery, the use of momentum and connecting breath with movement. Dancers will explore new ways of moving in combinations, floor work and partnering, and also in various methods of improvisation. Ages 7 - 10 years. Teacher: Mrs. Krishna

**7:00 - 8:00PM**  
**\$60**

### Lyrical & Contemporary

Lyrical dance combines techniques of classical ballet and modern dance with current forms of popular dance. Classes include warm up, isolations, stretches, across the floor progressions, and choreography combinations. Ages 11-up. Teacher: Mr. Antoine

**7:00 - 8:00PM**  
**\$60**

### Saturday Classes

Saturdays: Meet on 06/17, 06/24, 07/01, 07/08, 07/15, and 07/22



### Zumbini 1 & 2

Zumbini is a parent-child program designed for kids and toddlers and their parents or caregivers. The program focuses on bonding experience between kids and parents, kids and other kids, as well as parents and other parents through a mix of music and movement. Music has huge importance in every kid or toddler's life. The Zumbini classes use contemporary music with beats along with dance or movement exercises to create a fun and learning experience. Kids participating in these classes develop a sense of musicality and rhythm naturally.

**9:00 - 9:30AM**  
**\$45**

Learning with Fun. In Zumbini classes, kids can play around, learn new skills, experience various physical activities while being exposed to various kinds of music.

- Enhanced Bonding.
- Linguistic Development.
- Cognitive & Motor Development.

**9:30 - 10:00AM**  
**\$45**

Ages: 0 -4 years. Teacher: Mrs. Krishna

# HOW TO *register!*



Intensives, Camps & Classes  
can be found online:

[www.dancelifecenter.com/effingham-summer-schedule](http://www.dancelifecenter.com/effingham-summer-schedule)

If you have an existing Parent Portal:

- Log on to your Parent Portal
- For **6-week Sessions**:
  - Select **Classes & Events**
  - Under **Find Classes**, filter results by session (Summer\_2023)
- For **Intensives and Camps**:
  - Select **Classes & Events**
  - Under **Find Events**, filter results by session (Summer\_2023)

If you have the **DanceLife App**:

- Go to the **My Account** tab on the bottom of your screen
- Go to the **Menu** on the top right of your screen
- For 6-week Sessions:
  - Select **Classes & Events**
  - Under **Find Classes**, filter results by session (Summer\_2023)
- For **Intensives and Camps**:
  - Select **Classes & Events**
  - Under **Find Events**, filter results by session (Summer\_2023)



105 N. BANKER, EFFINGHAM IL  
(833) 432-6232 / (833) 1-DANCE-2  
[WWW.DANCELIFECENTER.COM/EFFINGHAM](http://WWW.DANCELIFECENTER.COM/EFFINGHAM)

