

June 21, 2026



# 4<sup>TH</sup> SUNDAY AFTER PENTECOST

**R, E, S, T,**



**WORTHINGTON  
PRESBYTERIAN CHURCH**

*In Christ's love, we connect, serve, and transform*

## Worship Team

Rev. Dr. Matt Reeves  
Senior Pastor

Rev. Dr. Tom Rice  
Pastor for Discipleship

Rev. Betsy Rice  
Pastor for Member  
Ministries

Russell Nagy  
Director of Music Ministries

Nicholas Robison  
Director for Youth Ministries

Annie Barner  
Director for Children's  
Ministries

Kim Anderson, Organist

*Visit our website for a  
complete list of WPC staff.*

## Sanctuary Flowers

*The flowers on the chancel  
are given to the glory of God  
by Harry Pukay-Martin in  
memory of Virginia Martin,  
mother of Harry Pukay-  
Martin.*

## Serving Us Today

**Usher Team B: Bob Freed  
& Jordan Quickel,  
captains;** Pete Barnhart,  
Dave & Carol Balsler,  
Tom Hume, J. B. & Susan  
Love, Dave & Nancy Wilson

**Video:** Bill Yost

**Carillon:** Linda Ranck

*In Christ's love, we...*

**CONNECT** ♦ **SERVE** ♦ **TRANSFORM**

## Welcome

Welcome to Worthington Presbyterian Church. This congregation has worshiped together in the Worthington community since 1805. We welcome all who seek faith, hope, and joy.

Visiting for the first time today? After the service, join us downstairs in Fellowship Hall for refreshments and conversation.

## Children & Youth

After a brief children's message, children are invited to Summer Sunday School in the Chapel. After the service, please pick up your child on the playground (weather permitting). Nursery care is available starting at 9:45AM on the first floor for children age 3 and under.

## Accessibility

Accessible features of the building include:

- Handicap parking near east and west entrances
- Wheelchair ramp at the main entrance
- Elevator access
- Multiple accessible restrooms
- T-coil hearing capabilities for those with compatible hearing aids
- Listening devices for the hearing impaired available



*If you would like a large print bulletin and/or a hearing device, please see an usher.*

## Prayer Requests

Please write prayer requests on the pew prayer cards and place them in the offering plate.

## Contact Us

Mon - Thurs: 8AM – 4PM; Fri: 8AM – 2PM  
[wpchurch@wpcnow.org](mailto:wpchurch@wpcnow.org) | 614.885.5355 | [wpcnow.org](http://wpcnow.org)

**Worthington Presbyterian Church**  
**SERVICE FOR THE LORD'S DAY**  
**4th Sunday after Pentecost**

**June 21, 2026**

**10:00 AM**

## **GATHERING IN GOD'S NAME**

*\* Please stand*

### **WELCOME**

Rev. Betsy Rice

Invitation to Mission & Discipleship *(Please sign & pass the Friendship Pads)*

Moment for Mission: *NNEMAP Fresh Produce Drive*

Mark Ranck

Passing of the Peace

One: The peace of our Lord Jesus Christ be with you all.

All: **And also with you.**

**CALL TO WORSHIP** "O Day of Rest and Gladness"

Joseph Prentiss

**IN MUSIC**

Kim Anderson, organist

*The music is a call to open one's spirit to God's presence in our midst.*

### **OPENING SENTENCES**

When you hear: "Children of God" please respond:

**"God's love is always with us."**

**\* HYMN # 824** "There Is a Place of Quiet Rest"

### **\* PRAYER OF CONFESSION**

**Loving God, we turn to you knowing that, in your abundant mercy, you turn to us with steadfast love. Forgive us when we do not turn to others with the kind of love you have for us, when we hurt one another and the Earth you made. Teach us to love the whole wide world. In Jesus' name we pray. Amen.**

*(Silent Confession)*

**\* Congregational Response**

***Lord, have mercy upon us.***

***Christ, have mercy upon us.***

***Lord, have mercy upon us.***

**\* Assurance of Pardon**

\* Gloria

*Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen. Amen.*

## PROCLAIMING GOD'S WORD

### MESSAGE FOR OUR YOUNGEST DISCIPLES

Pastor Matt

*Children will attend Summer Sunday School after the message. Please pick up your child on the playground after the service (weather permitting).*

### PRAYER FOR ILLUMINATION

Sue Rapier

### SCRIPTURE READING Matthew 11:28-30

**“Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”**

The Gospel of the Lord.  
**Praise to you, O Christ.**

### ANTHEM

*Jesus, My Lord, My God, My All*

Larry Shackley

The Chancel Choir - Russell Nagy, Director

Jesus, my Lord, my God, my All,  
Hear me, blest Saviour, when I call;  
Hear me, and from Your dwelling place,  
Pour down the riches of Your Grace.

Jesus, what did You find in me,  
That You have dealt so lovingly?  
How great the joy that you have brought,  
So far exceeding hope or thought!

*Jesus, my Lord, I do adore,  
O help me love You more and more.*

Jesus, of You shall be my song,  
To You my heart and soul belong,  
All that I have is Yours alone,  
And, You, blest savior, are my own.

Jesus, too late for You I've sought,  
How can I love You as I ought?  
And how to praise Your matchless fame,  
The glorious beauty of Your name?

### SCRIPTURE READING

Psalm 131

Rev. Dr. Tom Rice

O LORD, my heart is not lifted up,  
my eyes are not raised too high;  
**I do not occupy myself with things  
too great and too marvelous for me.**

But I have calmed and quieted my soul,  
**like a child quieted at its mother's breast;**  
**like a child that is quieted is my soul.**

O Israel, hope in the LORD  
**from this time forth and for evermore.**

The Word of the Lord.  
**Thanks be to God.**

**SERMON** "Rest for the Mind: Dealing with 'Stinkin' Thinkin'" Pastor Tom  
*4 of 5 in the series, "I Will Give You Rest"*

\* **HYMN #791** "For You, My God, I Wait"

## **RESPONDING TO GOD'S WORD**

### **PRAYERS OF THE PEOPLE**

Rev. Dr. Matt Reeves

Sharing of Prayer Requests & Blessings

The Pastoral Prayer

The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.**

### **PRESENTATION OF TITHES & OFFERINGS**

Offertory "This Is My Father's World "

Robert J. Hughes

\* Doxology

***Praise God, from whom all blessings flow;  
praise God, all creatures here below;  
praise God above, ye heavenly host;  
praise Father, Son and Holy Ghost. Amen.***

\* Dedication of Tithes & Offerings

*Scan the QR code to give online or visit [wpcnow.org/give](http://wpcnow.org/give)*



# GOING IN GOD'S NAME

\* HYMN #739

\* CHARGE & BENEDICTION

**POSTLUDE**      "The Way of the Cross Leads Home"      James Mansfield

*Please remain seated during the postlude as it is the final "Amen" to our worship. Those who need to leave before the end of the postlude are free to do so quietly.*

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## **Hungry to Help Your Neighbors in Need? Produce Drive for NNEMAP**

Food pantries across Central Ohio are facing a shortage of fresh produce this summer due to reduced funding and limited access to produce distribution programs. To help, NNEMAP will have a refrigerated van at WPC to collect fresh fruit and vegetable donations.

**Saturday, July 11 • 8AM–Noon**

**Sunday, July 12 • 9:30–11:30AM**

*(8AM worshipers can leave produce in the kitchen)*

### **Produce Needed**

**Vegetables** *(greatest need):*

Carrots

Peppers

Zucchini

Tomatoes

**Fruit:**

Apples

Oranges

Avocados

Pears

NNEMAP Executive Director Roy Clark will also join us for worship on Sunday. Thank you for helping provide fresh, healthy food for our neighbors. Your donations make a real difference for the thousands of families NNEMAP serves each month.

Also, don't forget the next breakdown of supplies for NNEMAP will take place on June 28 at 11AM in Fellowship Hall. Please consider donating diapers and dog and cat food for these breakdown events. Additional pantry requests include sugar, coffee, and salt. Please deposit any contributions into the wooden NNEMAP bin in Fellowship Hall. All ages are welcome to participate in the breakdown. Thank you!

## I Will Give You Rest Rest for the Mind / “Arrow Prayers”

### Roots of the Practice

In the Bible, when Jesus is asked which commandment “is first of all,” he answers ***“You shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength”*** (Mark 12:29-30; Matthew 22:37; Luke 10:27). The Bible’s “wisdom literature” and the reflections of theologians and Christian teachers ever since—are a response to this commandment to love God ***“with all of our mind.”***

**But our minds can get very tired** — caught up in **“stinkin’ thinkin.”** Our minds race—imagining worst-case scenarios and stuck in negative thought patterns that trick us into feeling unworthy. We may have trouble going to sleep, or we may find ourselves waking up, with our brain not resting—and not allowing our body to rest either. Beginning in the early centuries of the church, Christians have used **“arrow prayers”** to “pierce” and overcome this “stinkin’ thinkin.”

### Practicing Arrow Prayers

Recognize the thought or the pattern of thinking—non-judgmentally, simply noticing that it is there.

Have a word or phrase you can repeat to counter it and send it away.

Here are some possibilities (and you’ll find many others in the Bible):

- ***“I have been baptized!”***  
(Martin Luther used this, remembering Romans 8:37-39)
- ***“Lord Jesus, Son of God, have mercy on me.”***  
(This is known as “The Jesus Prayer”)
- ***“Fear not, for I have redeemed you. I have called you by name. You are mine.”*** (Isaiah 43:1)
- ***“Do not fear, for I am with you; do not be afraid, for I am your God; I will strengthen you; I will help you; I will uphold you with my victorious right hand.”*** (Isaiah 41:10)

## TODAY

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### Happy Father's Day!

**We pray for our youth** who leave for their mission trip to New Mexico today.

**Summer Sermon Series Continues** We will explore Jesus' invitation: "I will give you rest" (Matthew 11:28). Together we'll reflect on how Christ offers rest for body, soul, and mind.

This summer, children are discovering the Fruit of the Spirit. Today's Sunday School lesson focuses on **peace** and how it grows in our lives through God's love.

### Free Notary Services

11AM • Youth Room

## CHURCH UPDATES

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### **\*\*Items to Remember This Week\*\***

New rooftop heating and air conditioning units will be installed on the west side of the building starting tomorrow, June 22-25. During installation, the south office entrance (Door 1) and preschool entrance (Door 2) may be temporarily closed at times. Please follow the posted construction barriers for safety. We are excited to have these new units to better support the ever-changing Ohio weather.

### **Christian Meditation Group Wednesdays, 5:30PM in the Chapel**

Christian meditation is an ancient way of prayer that opens us to God in silence and stillness. Each group includes a brief teaching or reflection on Christian meditation, a period of meditation, and sharing on how the practice meets us in daily life. Beginners are welcome—no meditation experience is necessary! Led by Pastor Matt.

### **Scripture Reader Coordinator**

The Worship & Arts Committee is seeking a volunteer to coordinate Scripture readers for worship services beginning in September. This role involves scheduling and communication by email, with Scripture selections and communication provided by the pastor. We are blessed with a strong group of volunteer readers, making this a well-supported role.

If you enjoy organization and helping support meaningful worship, this may be a great fit for you. The coordinator is also welcome to participate in Worship & Arts Committee meetings. Please reach out to Dan Foley with questions at 614.403.9106 / [dan4.foley@gmail.com](mailto:dan4.foley@gmail.com). The Worship & Arts Committee thanks Margaret Haddix for her faithful service in this role over the past several years.

### **S.O.S. (Seniors Over Sixty)**

#### **Sunday, June 28 • 2PM**

Join us for a trip to the Ohio Theatre to see the classic film *An American in Paris*. Tickets are \$5. The church bus leaves WPC at 1PM. RSVP to Chris Togni by June 24 if you would like a seat on the bus (11 seats available). [christinetogni@yahoo.com](mailto:christinetogni@yahoo.com)

### **All-Church Picnic**

#### **Thursday, July 9**

5:30 - 7:30PM at Mirolo Pavillion

Join us for a festive evening at Mirolo Pavilion! WPC provides hot dogs, chips, and ice. Look for the sign up genius to RSVP in your email or below.

## SIGN UPS & MORE

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Scan the QR code for more details about these announcements or visit [wpcnow.org/next](http://wpcnow.org/next)

