

Global Xpressions Tour

Instructional Material Review

Course Summary

The Global Xpressions Tour presentation for middle and high school settings focuses the message on universal values that inspire and empower the students, with entertaining demonstrations and personal stories, highlighting the underlying learning objectives.

Class Format

Target Audience: Middle & High School Students (Grades 6–12)
Format: Live Demonstration, Multiple Speakers
Theme: Character, Choices, and Purpose: Building Positive Lives

Duration: 45–60 Minutes
Setting: Large group, mixed grades, Indoor / Outdoor

Overall Learning Goal

Students will recognize that every person has inherent worth and the ability to positively influence others through integrity, compassion, responsible choices, and purposeful living. Students will be encouraged to become individuals who contribute to a culture of respect, belonging, and service within their school and community.

Learning Objectives

<i>Learning Objective</i>	<i>Essential Understanding</i>	<i>Key Content</i>	<i>Outcomes ("Students will be able to...")</i>	<i>Engagement Strategy</i>	<i>Evidence of Learning / Evaluation</i>
Developing Good Character	Strong character is demonstrated through consistent actions aligned with positive values.	Integrity, honesty, responsibility, humility, courage, self-discipline	Explain how daily habits shape personal character and influence others.	Storytelling, reflective questioning	Students identify key character traits and examples of each.
Making Good Choices	Every decision reflects personal values and influences future opportunities.	Decision-making, consequences, accountability, peer influence, self-control	Apply a simple decision-making framework to real-life situations.	Interactive scenarios	Students evaluate choices and predict likely outcomes.
Bully Free Culture	Everyone deserves to be treated with dignity, respect, and compassion.	Bullying awareness, empathy, bystander responsibility, restorative responses	Recognize bullying behaviors and identify healthy ways to respond or seek support.	Case studies, audience interaction	Students distinguish between conflict and bullying and identify appropriate actions.
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Building Healthy Relationships	Healthy relationships are built on respect, empathy, honesty, and trust.	Communication, empathy, listening, conflict resolution, forgiveness	Demonstrate respectful responses during disagreements and everyday interactions.	Role-play demonstrations	Students identify respectful communication strategies.
Unity Through Inclusion	Communities flourish when people value one another and work together despite differences.	Inclusion, belonging, collaboration, appreciation of diversity, shared responsibility	Identify practical ways to help others feel welcomed and valued.	Group participation activity	Students develop ideas that strengthen communities.
Kindness As A Lifestyle	Kindness is an intentional choice that positively influences individuals and communities.	Compassion, encouragement, gratitude, generosity, service	Describe how small acts of kindness create lasting positive effects.	Kindness challenge	Students commit to one intentional act of kindness.
Living With Purpose	Every individual has unique abilities that can contribute meaningfully to the lives of others.	Personal strengths, goals, resilience, leadership, contribution, service	Identify personal strengths and ways to use them to positively influence others.	Reflection activity	Students write one personal purpose statement or goal.
Resiliency and Growth	Development often comes through overcoming challenges with courage and perseverance.	Growth mindset, resilience, hope, learning from mistakes, perseverance	Identify healthy responses to setbacks and challenges.	Personal stories and discussion	Students explain strategies for overcoming obstacles.
Be a Positive Influence	Leadership begins with personal responsibility and consistent positive choices.	Influence, servant leadership, responsibility, initiative, community impact	Develop an action plan to positively impact their school community.	School-wide commitment	Students identify one measurable action they will practice.

Overall Learning Outcome

Students will leave with practical strategies for demonstrating respect, preventing bullying, showing kindness, fostering unity, making responsible decisions, and contributing positively to their communities.

Reinforcement Activities Suggestions

Follow up classroom discussions using reflection questions; School-wide kindness challenge; Peer mentoring activities; Character recognition program; Service-learning opportunities; Monthly character focus themes; Goal-setting and reflection journals.