

OFFICIAL PROGRAM

*Cathy Mitchell, Governor
Founder Region*

Twenty-Ninth Annual Region Conference

“Together We Can”

May 6, 7, & 8, 2005
Marriott Hotel
San Ramon, California



SOROPTIMIST

Best for Women

**Conference Coordinator, Hostess Clubs
And Committee**

Linda McDoniels, *Conference Coordinator*

Hostess Clubs:

Soroptimist International of Fremont

Soroptimist International of Lamorinda

Committee

Hostess Club Chair
and Treasurer

Chrisann Nicholson
Soroptimist International
of Fremont

Registration/ Credentials Chair

Dion Weaver

Nominating Chair
and Elections Chair

Stephanie Mittelstadt

Floor Committee Chair

Terry Comiskey



Cathy Mitchell
Governor,
Founder Region
2004—2006

Dear Members of Founder Region:

Thank you for joining us for the 29th Annual Founder Region Conference. This is the first conference of our biennium and we hope that you like the changes that have been made.

The members have told the Board of Directors that they want more education. This is what we have tried to do in this conference, provide more education. You will be presented with workshops on Protocol, Healthy Clubs, and Fundraising. Clubs will have the opportunity to share their success stories. You will also learn how to take care of yourself and how to listen to your body and the warning signs it may be trying to give you.

The biennium began with the introduction of the "*Renaissance Campaign*". You have embraced it with open arms. Founder Region has had 100% participation in the Women's Opportunity Awards, Founder Pennies, and clubs are "paying themselves first" by donating to the Club Campaign. Federation Director Adele will give us an update on the success of the Renaissance Campaign thus far. Take time to introduce yourself to Director Adele and feel free to ask her questions.

I hope that when conference is over, you will leave energized, rejuvenated, enthusiastic, and will share the information with those members that could not attend. "*Together We Can*" achieve success with our "*New Attitude*".

Sincerely,

Cathy

Cathy Mitchell
Governor

Founder Region Board 2004 - 2006

OFFICERS



Governor.....	Cathy Mitchell
Governor Elect.....	Sue Finch
Secretary.....	Linda Sue Hansen
Treasurer.....	Joyce Strand
District I Director.....	April Rovero
District II Director.....	Norene Lowry
District III Director.....	Terry Baldwin
District IV Director.....	Penny Solem
District V Director.....	Debbie Thompson
District VI Director.....	Jane Murakami
Parliamentarian.....	Lorraine Humphrey

Founder Region Fellowship Board of Directors

President.....Mary Ann Redden
Director District I, Secretary.....Barbara Lanier
Director District II.....Gloria Soderbery
Director District III.....Barbie Slavins
Director District IV.....Kris Wiley
Director District V, Treasurer.....Sue Galliani
Director District VI.....Barbara Ideta



PROGRAM

Thursday May 5

9:00 am to 12:00 pm

Founder Region Board Meeting

4:00 pm to 5:00 pm

Founder Region Fellowship Board Meeting

Friday, May 6

8:00 am to 6:00 pm Registration

8:00 am

Registration

9:00 am to 11:15 am

Heads Up On Women's Issues

Presented by Legislative Advocacy
Committee— Gloria Scoggin, Chair

Women's Heart Disease: Dr. Kristine W. Batten,
Medical Director Women's Heart Program,
John Muir/Mt. Diablo Health Systems;

Christy Kaplan, Director Women's Health Center

Long Term Care Insurance: Ann Padover, Agent

Ovarian Cancer: Stacy Hartmann, Volunteer
San Francisco Bay Area Division of the National Cancer Coalition

11:15 am to 12:00 pm

Break

12:00 pm to 1:00 pm

'Making a Difference for Women' Luncheon

Welcome

Governor-elect Sue Finch

Inspiration

Secretary Linda Sue Hansen

Presentation

Lolita Beltramo, Program Council Member

1:00 pm to 4 pm

Workshops

Protocol

Del Nickerson, Past President, SIA
Sorooptimist International of the Americas

Diagnosing Your Club's Health

Adele Nye, Secretary/Treasurer,
Sorooptimist International of the Americas

Project Independence— Women Survivors of War

Dawn Marie Lemonds,
Quardrennial Project Liaison

Sharing our Success

Terry Comiskey,
Soroptimist International of Lamorinda

6:00 pm to 7:00 pm

Social Hour

7:00 pm

Fellowship Dinner
Hostess Club –
Soroptimist International of
Fremont

Opening

Governor Cathy Mitchell

Presentation of Colors/Pledge of Allegiance
to the Flag of the United States of America

Boy Scout Troup 1776
of San Ramon

National Anthem

Sydney Sciaini, Soroptimist
International of Cloverdale

Inspiration

Kathy Morrison, Secretary
Soroptimist International of
Fremont

Welcome

Chrisann Nicholson, President
Soroptimist International of
Fremont

Official Welcome

Janet Lockhart,
Mayor of Dublin

Presentation of Platform Party

Governor Cathy

Introduction of Past Governors

Governor Cathy

Introduction of First Time Attendees

Governor Cathy

Awardees and Grant Presentations

Mary Ann Redden,
President
Founder Region Fellowship

Announcements

Linda McDoniels,
Conference Coordinator

Recess

Fellowship Recipients



Marcela Borge

Marcela came to California with her family in 1980 from Nicaragua. She grew up in the Bay Area and attended Mt. Diablo High School. Her field of study is Education: Cognition and Development and her dissertation is 'Regulating Social Interactions: Developing a Functional Theory of Collaboration'. She hopes that through teaching future teachers her research, she can give back to the field of education and to the students as much as they gave her. Her five year old daughter Alexis keeps her busy.

Katalina McGlone

Katalina is a doctoral candidate in social welfare at the University of Hawaii School of Social Work. Her dissertation is titled: 'Hanai and Western Adoption in Hawaii: Recollections of Hawaiian Adults Who Were Informally or Formally Adopted by Hawaiian Families'. Her personal and family background led to her becoming interested in research and advocacy for child welfare reform. She plans on publishing a book, making a documentary film and to develop curricula for training child welfare workers and family caregivers in working with extended families.



Susan Dixon

Susan is a student from the University of Hawaii. Her field of study is Geography. The title of her dissertation is 'Islands on the Edge? Investigating the Geographical Underpinnings of the Crisis Discourse.' She has worked, studied and traveled in 38 countries. This has instilled in her the importance of finding peaceful ways to resolve conflicts on all levels. Her goal is to become a teacher.



Kseniya Yershova

Kseniya was born in a city in the Urals and came to the United States when she was sixteen. Her field of study is Clinical Psychology and her dissertation is 'Know Thyself-Personal Narrative and Interpersonal Self Knowledge in Girls with Attention Deficit Hyperactivity Disorder'. She dances and performs Flamenco, goes hiking in the Sierra with her husband, loves cooking and sharing food with friends where they share the pleasure of food and meaningful conversation and ultimately a feeling of mutual understanding.



Brinda Sarathy

Although born in Canada, Brinda spent much of her childhood in Saudi Arabia. In 2000, she entered the Environmental Science, Policy and Management program at UC Berkeley. Through her studies she developed a strong theoretical foundation in labor sociology and political ecology. Her dissertation 'Hidden in the Understory: Immigrant Labor & Healthy Forests in Southern Oregon' explores the challenges faced by immigrant forest workers. Her long term career goal is to teach at a small college and conduct social science research that will form resource management policy.

Saturday, May 7

7:00 am to Noon (Closed during business sessions)

8:00 am to 9:00 am

Founder Region Fellowship Annual Meeting

Call to Order	President Mary Ann
Presentation of Platform Party	President Mary Ann
Adoption of Credentials Report	Chair Dion Weaver
Minutes	Secretary Barbara Lanier
Treasurer's Report	Treasurer Sue Galliani
Nominating Committee Report	Committee Chair Stephanie Mittelstadt
Nominations from the Floor	President Mary Ann
Presentation of Fellowship Director Candidates	President Mary Ann
Directors Reports	Fellowship Directors
President's Report	President Mary Ann

Adjourn Founder Region Fellowship Annual Meeting

9:15 am to 11:15 am

Founder Region Business Meeting

Call to Order	Governor Cathy
Presentation of Platform Party	Governor Cathy
Adoption of Credentials Report	Chair Dion
Adoption of Standing Rules	Secretary Linda Sue
Adoption of Official Conference Program	Secretary Linda Sue
Introduction of Pages	Governor Cathy

Appointment of Tellers	Governor Cathy
Greetings and Correspondence	Secretary Linda Sue
Findings Report for Conference 2008	Secretary Linda Sue
Treasurer's Report	Treasurer Joyce Strand
Financial Report	Kathy Griffin, Chair Finance Committee
Federation Update	Adele Nye, Secretary/ Treasurer Soroptimist International of the Americas
Credentials Report	Credentials Chair Dion
Proposed Amendment to Bylaws	Linda Simon, Chair Laws & Resolutions
Election Procedures	Chair Stephanie

Recess

Polls Will Be Open From 11:15 am to 12:15 pm

12:00 Noon to 2:00 pm

Luncheon

"Celebrate the Future, Honor the Past"

Hostess:
Founder Region District Directors

Inspiration

Norene Lowry,
Director District II

Welcome

Terry Keating Baldwin,
Director District III

Presentation of Region Awards

Violet Richardson Ward "Service To Youth Award"
Julia "Bess" Combs Membership Increase Award
Julia "Bess" Combs Extension Award

Governor-elect Sue
Treasurer Joyce
Treasurer Joyce

Presentation of Club Awards

District Directors

2:00 pm

Credentials Report

Vote on Hostess Club for 2008

Election Returns

Public Awareness Workshop

Guest speaker

Announcements

Reconvene Business Session

Chair Dion

Governor Cathy

Chair Stephanie

Jennifer Rush, Chair
Public Awareness Committee

Deborah Santana, Author
'Space Between the Stars'

Conference Coordinator Linda

Saturday Evening, May 7

6:00 pm to 7:00 pm

7:00 pm

Inspiration

Welcome

Installation of District III
Fellowship Director

Entertainment

Social Hour

Hostess Club —
Soroptimist International of Lamorinda

Lou Lilly, Past President
Soroptimist International of Lamorinda

Toni Pera, President
Soroptimist International of Lamorinda

President Mary Ann

Karaoke, California Music Express

Sunday, May 8

7:00 am to 9:00 am Registration

8:00 am to 8:30 am

Memorial Service
Hostess Club: Soroptimist International
of Eel River Valley

8:45 am

Awards Breakfast
Hostess Clubs: Soroptimist International
Of East Bay
Soroptimist International
Of Napa

Call to Order

Governor Cathy

Inspiration

Karen Troy , President
Soroptimist International of East Bay

Welcome

Brenda Roberts, President
Soroptimist International of Napa

Presentation of Platform Party

Governor Cathy

Breakfast

Barbara S. Stevenson S-Club Awards

Wendy Anderson, Chair
"S " Club Committee

Guest Speaker

Linda McDoniels, Director
Fund Development Council

Violet Richardson Award Finalists

Janet Flink, Chair
Violet Richard Award Committee

District I **Amelia Pennewell**
District II **Kimberly Collins**
District III **Robin Allen**
District IV **Alma Ayala**
District V **Sarah Hughes**
District VI **Dai Ngo**

sponsored by Soroptimist International of East Bay
sponsored by Soroptimist International of Walnut Creek
sponsored by Soroptimist International of Napa
sponsored by Soroptimist International of Yokayo Sunrise
sponsored by Soroptimist International of Willits
sponsored by Soroptimist International of Honolulu

Women's Opportunity Awards District Winners

Chair Lisa Wittke Schaffner

District I	Georgia Penny	sponsored by Soroptimist International of East Bay
District II	Yolanda Surrell	sponsored by Soroptimist International of Antioch
District III	Maria Silva	sponsored by Soroptimist International of Napa
District IV	Lisa Albertson	sponsored by Soroptimist International of Santa Rosa
District V	Teresa Wold	sponsored by Soroptimist International of Humboldt Bay
District VI	Yolanda Dormingo	sponsored by Soroptimist International of Central Oahu

Club Drawings/Raffles

Governor Cathy

"Together We Can" Fundraiser

Pam Parker, Chair
Region SIA Program
Fundraising Committee

Attendance Report

Registration Chair Dion Weaver

Acknowledgments

Conference Coordinator Linda

Closing Remarks

Governor Cathy

Soroptimist Pledge

Adjournment

Founder Region Credentials Reports

Credentials Report #1

Clubs in Founder Region _____
 Clubs Eligible to Vote _____
 Clubs Not in Good Standing _____
 Clubs Registered _____
 Total Clubs _____

Delegates Registered:
 Region Officers _____
 District Directors _____
 Club Delegates _____
 Total Delegates _____

Quorum for Opening Session _____

Credentials Report #2

Clubs in Founder Region _____
 Clubs Eligible to Vote _____
 Clubs Not in Good Standing _____
 Clubs Registered _____
 Total Clubs _____

Delegates Registered:
 Region Officers _____
 District Directors _____
 Club Delegates _____
 Total Delegates _____

Credentials Report #3

Clubs in Founder Region _____
 Clubs Eligible to Vote _____
 Clubs Not in Good Standing _____
 Clubs Registered _____
 Total Clubs _____

Delegates Registered:
 Region Officers _____
 District Directors _____
 Club Delegates _____
 Total Delegates _____

Fellowship Election Results

 Fellowship Director, District III

Attendance Report

Clubs in Founder Region	_____
Clubs Registered	_____
Clubs Absent	_____
International Officers	_____
Federation Officers	_____
Region Officers	_____
District Directors	_____
Fellowship President	_____
Fellowship Directors	_____
Club Delegates	_____
Other Soroptimists	_____
Guests	_____
Total in Attendance	_____

Conference Standing Rules

1. **Registration**

All members must be registered before being admitted to Conference meetings.
2. **Credentials**
 - (a) The Credentials Committee shall provide identification badges for voting delegates, Soroptimist members, and guests at the time of registration.
 - (b) Identification badges shall be worn at all times and are not transferable.
 - (c) Should a delegate be absent or unable to serve, the alternate shall assume the duties of the delegate AFTER qualifying at the registration and credentials desks. These duties shall be retained throughout the Conference.
3. **Seating**
 - (a) There shall be a designated seating area for delegates.
 - (b) Attendees shall be seated five minutes before each session convenes.
 - (c) The doors shall be closed when each session convenes; those awaiting admittance during session shall be admitted at the discretion of the pages.
4. **Communications**

All communications for those seated at the platform and members of the assembly shall be delivered by an official page.
5. **Motions**

Main motions and amendments shall be written on the official form provided, signed and sent to the chair by an official page.
6. **Debate**

Debate shall be limited to two minutes for each speaker, and ten minutes for each question, except when permitted otherwise by the voting assembly by a two-thirds vote. No member may speak more than twice to the same question, except by consent of the voting assembly.
7. **Decorum**
 - (a) All meetings will be called to order on time.
 - (b) The Chair at all times shall be addressed as Governor Cathy
 - (c) A delegate or other member shall rise, address the Chair and having been recognized, shall state her/his name and the name of her/his club distinctly, making use of the microphone provided.
 - (d) No delegate or officer shall leave the meeting room unless excused by the Chair.
 - (e) The Chair shall recognize each member desiring the floor in proper order.
 - (f) Both delegates and non-delegates shall be allowed the privilege of the floor. Precedence shall be accorded delegates.
 - (g) Region committee chairmen shall be accorded precedence of the floor at the discretion of the Chair, with the consent of the delegates, if they are speaking to an issue affecting their committee, or to an issue proposed by their committee and which was sent with the Call to Conference.
 - (h) Cell phones, pagers, beepers, lap tops, or any other electronic equipment shall be turned off during Conference sessions.
8. **Publicity**

No discussion or action shall be released for publicity without the approval of the Region Governor.
9. **Recording Devices**

Recording devices (i.e. tape recorders, video cameras) shall not be used during the Conference without the written consent of the Region Governor.

Corrections to Standing Rules

Founder Region Annual Awards

VIOLET RICHARDSON WARD "SERVICE TO YOUTH" AWARD

This award is presented to the club with the most outstanding service project for youth. The award shall be presented by the governor-elect at the Founder Region Conference. This award is given in honor of the first president of Soroptimist.

JULIA "BESS" COMBS EXTENSION AWARD

This award is given to the club having the largest increase in regular membership during the year April 1 through March 31 and shall include the membership of a newly chartered Soroptimist club sponsored by the club. The award may be presented by a member of the Member Services Committee at the Founder Region Conference. The winner is determined by the record of the Founder Region Treasurer. The original award was donated by Soroptimist International of Santa Rosa.

JULIA "BESS" COMBS MEMBERSHIP INCREASE AWARD

This award is given to the club having the largest net growth in regular membership during the year from April 1 through March 31st. This net growth is not to include that of a newly chartered Soroptimist club sponsored by the club. Net growth is understood to mean increase above and beyond current regular membership minus those who resign or regular membership terminated for other reasons. This award may be presented by a member of the Member Services Committee at the Founder Region Conference. The winner is determined by the records of the Founder Region Treasurer. The original award was donated by Past Governor, Southwestern Region, Julia "Bess" Combs.

BARBARA STEVENSON "S" CLUB ENDOWMENT AWARD

This award is used for the sole purpose of honoring outstanding high school senior members of "S" clubs of Founder Region. Applications for this award are submitted by "S" club members with the selection of the winners to be made by the "S" club committee. The region board determines the dollar amount and number of awards given. All contributions to this fund received by the region treasurer shall be added to the principal. The chairman of the region "S" Club committee announces the winners at region conference, where they receive their monetary award from the governor.

FOUNDER REGION FELLOWSHIP FELLOWSHIP/GRANTS IN AID

Founder Region Fellowship is a non-profit, incorporated entity within Founder Region Soroptimist International of the Americas. There are elected directors seated as the board, one from each district in the region. The Founder Region Governor-elect appoints the president in the second year of the biennium. Fellowships and grants in aid, (totaling not less than \$20,000) are awarded each year to graduate women in the last phase of their studies at a university offering a doctoral degree, within the boundaries of Founder Region. This program is a Founder Region Identifying Project and is administered through Founder Region Fellowship.

Soroptimist International of the Americas Annual Awards

VIOLET RICHARDSON AWARD

The Violet Richardson Award, which is funded by Soroptimist International of the Americas, recognizes young women who make the community and world a better place through volunteer efforts. The award is named for the first president of the first Soroptimist club in 1921, whose motto was, "It's what you do that counts." The program begins on the club level, with club recipients becoming eligible for the \$1,000 region-level awards. An additional \$1,000 will be contributed to the region-level winners' volunteer organization. One winner is chosen from among the region-level recipients to receive a finalist award, which includes a contribution of \$2,500 to the winner's volunteer organization.

WOMEN'S OPPORTUNITY AWARDS

The Women's Opportunity Award is funded by Soroptimist International of the Americas, and is designed to assist mature women in upward mobility and in their efforts toward training for re-entry into the labor market. Application begins at the club level, with local awards optional. Applications of the club awardees are forwarded to the district level for judging. One applicant from each district will be awarded not less than \$500 annually at the region conference. The districts awardees applications are forwarded to the region chairman for judging.

The region awards are presented each year and funded by Soroptimist International of the Americas. The region award is based on the number of participating clubs from the previous year. Funding for the following club year is announced by federation June 1st. Each region receives a base award of \$5,000.00. At each additional level, regions receive an additional \$3,000.00 award. Each region forwards its winner to the federation. The federation awards three \$10,000.00 awards. On all levels, judges are to be non-Soroptimists.

MAKING A DIFFERENCE FOR WOMEN AWARDS

This award honors women who are making extraordinary differences in the lives of other women. The award begins at the local level where clubs recognize a woman in their community. Clubs submit their entry to the region level, where the region selects a woman to honor at the region conference. The regions submit their entries to the federation level, where one woman is selected to receive a \$5,000.00 donation to her favorite charitable organization. The recipient is invited to accept her award at SIA's biennial convention or other federation meeting.

Special Guests

Key Note Speakers

Friday- May 6, 2005

Dawn Marie Lemonds

Dawn Marie Lemonds is a native Californian and lives in Tustin. Dawn holds a Masters of Science Degree in Special Education and has worked for the Department of Developmental Services for the State of California for the past 35 years in a multitude of capacities. For the past 13 years Dawn Marie has enjoyed the challenge of directing South Coast Regional Project at Fairview Developmental Center and working with multiple agencies in Southern California to find community homes for people who are currently living in a state developmental center. Professionally Dawn Marie serves as Chair of American Association of Mental Retardation Region II. In Dawn's personal life she is very involved the international service organization, Soroptimist International. In the past 10 years Dawn Marie served Soroptimist International of the Americas as a Board member, was the International Coordinator for Human Rights and Status of Women and Governor of the Desert Coast Region. Dawn Marie has provided workshops throughout the state, in many areas of America and several countries around the world on issues related to Developmental Disabilities as well as for Soroptimist International in areas of, Conflict Resolution, public speaking, Soroptimist and the UN, and Trafficking of women and girls, to name a few. Dawn Marie loves to sing, garden, play with family and friends, travel, develop her faith. Dawn Marie is pleased to be serving in her assignment as Quadrennial Project Liaison for Soroptimist International with Project Independence: Women Survivors of War.

Saturday- May 7, 2005

Deborah Santana

Author Deborah Santana's first book, Space Between The Stars, is an intensely personal memoir delivering a universal message of growth, redemption, and liberation. The fact that it was seven years in the making is due in no small part to the full and multi-faceted life of its creator. Married since 1973 to Grammy winning musician Carlos Santana, Deborah has, for the past decade, managed all of her husband's business affairs as COO of the Santana Band. She is also the Vice President of the Milagro Foundation, the philanthropic non-profit organization that she and Carlos launched in 1998 to answer the literally thousands of requests for humanitarian aid they receive annually. Writing has remained Santana's passion and her most powerful means of expression. With Space Between The Stars, her creative voice is finally given flight. The odyssey towards the book's completion has been an unfolding process paralleling the narrative journey exposed within its pages. She found the title early on, while reading an inspirational magazine. 'When I first started writing,' remembers Deborah, 'I felt I had always been the space between all these fright stars in my own life, and that I was something not as bright. Later, reading Don Miguel Ruiz' Beyond Fear, in which he writes, 'the space between the stars ... (and within the atoms of our own bodies) .is filled with ether. Ether is the medium of transformation through which information moves.' Deborah says, 'I came to realize the space I thought was less luminous has a tremendous amount of light and power even holding the stars in the sky. The meaning of my title changed.'

Founder Region Past Governors

Mary Ann Redden, 2002-2004, Founder Region, SIA
"Achieve Growth By Sharing"

Carol Rose, 2000—2002, Founder Region, SIA
"Soroptimists Soar Into The New Century"

Linda McDoniels, 1998-2000, Founder Region, SIA
"Making a Difference Together"

Nancy Walker-1996-1998; Founder Region SIA
"Inward Journey-Outward Paths"

Patti Cross*-1994-1996; Founder Region SIA
"Reach for Soroptimist Rainbows"

Dorothy L. Avilla*-1992-1994; Founder Region SIA
"Leading the Way"

Lorraine Komor-1990-1992; Founder Region SIA
"Celebration of Soroptimist"

Susan Joyce-1988-1990; Founder Region SIA
"We are One in Service Spirit"

Carol Steele-1986-1988; Founder Region SIA
"Dreams of Soroptimism"

Del Nickerson-1984-1986; Founder Region SIA
"Images of Soroptimism"

Patricia D. Daniels-1982-1984; Founder Region SIA
"Gifts of Soroptimism"

Marjorie T. Conley-1980-1982; Founder Region SIA
"Windows"

Catherine M. Burns-1978-1980; Founder Region SIA
"Let Us Grow"

Violet B. Unland*-1976-1978; Founder Region SIA
"Beat of the Drum Calls Us to Service"

Margaret "Maggie" Knott*-1974-1976; Southwestern Region SIA
"Onward and Upward"

Julia "Bess" Combs*-1972-1974; Southwestern Region SIA
"Let It Begin With Me"

Mary Gianotti*-1966-1968; Southwestern Region, SIA
"Moving in the Direction of Change"

Mary Lorentzen-Moser*-1960-1962; Southwestern Region, SIA
"Song of Soroptimist-Beat the Drums Loud and Clear"

*Deceased

The Soroptimist Pledge

I pledge allegiance to Soroptimism
And to the ideals for which it stands:

The sincerity of friendship
The joy of achievement
The dignity of service
The integrity of profession
The love of country.

I will put forth my greatest effort
To promote, uphold and defend these ideals,
For a larger fellowship
In home
In Society
In Business
For Country
And for God.



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